



Optimism



Guided lessons for Chapter 6 of *The Character Club* to empower Oki with optimism!

Day 1: Introduce the Concept of Optimism

- Read Chapter 2 about optimism (Oki).
- Discuss with students the challenges Oki faced with having optimism.
- Close with asking: *What are some challenges that you or students in our school/community are facing with having optimism?*

Day 2: Define Optimism

- Review the challenges Oki and all of us face with having optimism.
- Teacher can ask: *What does optimism look like?*
- Teacher can state: *Optimism looks like being hopeful.*
- Have students share examples of students who show optimism.

Day 3: Discuss Optimism

- Review the meaning of optimism and the challenges of using it all the time.
- Teacher can ask: *How do you feel when students are not showing optimism in our class or school/community?*
- Teacher can ask: *Why is optimism important?*
- Generate ideas for why it is important to have optimism in school and at home.

Day 4: Strategies for Success

- Use the *Optimism Strategies for Success* document as a visual for students.
- Teacher can ask: *What are some other possible strategies and/or solutions to help have more optimism?*
- Teachers can state: *Students, I now challenge you to demonstrate optimism in our school/community to become more hopeful like Oki.*

Day 5: Reflect/Expand

- Re-read Chapter 6 about optimism (Oki).
- Generate more strategies to have optimism like Oki.
- Discuss students' connections to Oki's challenges and successes.