



Grit



Guided lessons for Chapter 8 of *The Character Club* to empower Guyton with grit!

Day 1: Introduce the Concept of Grit

- Read Chapter 8 about grit (Guyton).
- Discuss with students the challenges Guyton faced with having grit.
- Close with asking: *What are some challenges that you or students in our school/community are facing with having grit?*

Day 2: Define Grit

- Review the challenges Guyton and all of us face with having grit.
- Teacher can ask: *What does grit look like?*
- Teacher can state: *Grit looks like staying motivated and not giving up even when you fail.*
- Have students share examples of students who show grit.

Day 3: Discuss Grit

- Review the meaning of grit and the challenges of using it all the time.
- Teacher can ask: *How do you feel when students are not showing grit in our class or school/community?*
- Teacher can ask: *Why is grit important?*
- Generate ideas for why it is important to have grit in school and at home.

Day 4: Strategies for Success

- Use the *Grit Strategies for Success* document as a visual for students.
- Teacher can ask: *What are some other possible strategies and/or solutions to help have more grit?*
- Teachers can state: *Students, I now challenge you to demonstrate grit in our school/community to become more motivated to reach your goals like Guyton.*

Day 5: Reflect/Expand

- Re-read Chapter 8 about grit (Guyton).
- Generate more strategies to have grit like Guyton.
- Discuss students' connections to Guyton's challenges and successes.